



# PARKSIDE COMMUNITY PRIMARY SCHOOL

Friday 16<sup>th</sup> January 2026

Dear Parents and Carers,

Thank you to all the parents who were able to attend our recent phonics workshop led by Mrs Hnatiuk and Miss Stasin. We hope you found the session helpful in developing your understanding of how your child is taught to read through Parkside's Monster Phonics scheme and that it has prepared you for what to expect when your child takes their phonics screening check in Year 1.

Mrs Hnatiuk is currently preparing a series of short videos to further support phonics learning at home. These will be shared with you over the coming weeks and a dedicated phonics segment will also be added to our school website to ensure families can easily access ongoing support.

Today, our Year 3 and 4 children had lots of fun taking part in a cycling workshop led by the Herts Disability Sports Foundation. The children learnt how to ride safely and responsibly, developing confidence and important skills. This workshop forms a valuable part of our wider work to help children build the safety skills they need for the wider world.

Next Friday, 23<sup>rd</sup> January, we will be holding a non-school uniform day to raise money for a charity called Issie's Emotional Well-Being Hub. This charity provides practical support to parents to help them support their child's mental well-being. As part of our fundraising, Issie's Hub will also be delivering "Journaling for Well-Being" workshops for classes across the school on the same day.



If you would like to make a donation, this can be done via Arbor. We very much look forward to sharing some of the work that the children create during these workshops. A leaflet with further information about how parents can take part can be found at the end of this newsletter.

Last week I informed you about our upcoming 70<sup>th</sup> Anniversary Exhibition, where all parents and carers will be invited to celebrate. As a reminder, if you have any memories or memorabilia from your own time at Parkside, please send them in and we'd be delighted to share these in our exhibition.

Thank you, as always, for your continued support.

Kind Regards,

**Mrs May-Finnegan**

**Headteacher**



## Upcoming Events

### January

16th: Year 3 and 4 Cycling training with Herts Disability Sports Foundation

23rd - Non-uniform day for journaling workshop

### February

6th Parkside's 70<sup>th</sup> Anniversary Exhibition

16<sup>th</sup> - 20<sup>th</sup> Half Term Break (School Closed)



## Year 2 Swimming

Year 2 attend swimming lessons every **Friday** 9:00 - 10:30. Pupils may arrive at school with their swimming kit underneath their uniform for ease of changing.

### P.E.

Pupils should bring their P.E. Kit into school in a bag and this will be stored in the cloakroom until the end of half-term. Kits will then be sent home to washed.

**PARKSIDE COMMUNITY PRIMARY SCHOOL**

# WRAP AROUND CARE

From 15th January 2026, school WrapAround Care will extend to 5.30pm

Art and crafts,  
Board games,  
Recreational Activities,  
Sports and Cooking!

**MONDAY TO FRIDAY**  
7:45 am – 8:30 am  
3.15pm – 5.30pm

**REGISTER TODAY**  
[admin@parkside.herts.sch.uk](mailto:admin@parkside.herts.sch.uk)





# Parkside Community Primary School's 70th Anniversary Exhibition



Parents and carers are warmly invited to join us as we celebrate 70 years of Parkside Community Primary School!

**Date: Friday 6th February 2026**

**Time: 13:45**

We would also love to hear from members of the wider Parkside community who previously attended the school. If you have a memory or anecdote you would like to share as part of the exhibition.

Please email it to: [admin@parkside.herts.sch.uk](mailto:admin@parkside.herts.sch.uk)

# JOURNALLING FOR WELL-BEING

## EMPOWERING PARENTS TO SUPPORT CHILDREN'S MENTAL HEALTH



TUESDAY 19<sup>TH</sup> NOVEMBER 2025 OR  
TUESDAY 3<sup>RD</sup> FEBRUARY 2026



11:00 AM - 1:00 PM



MRS ELIZABETH HOWARD MEMORIAL HALL  
NORTON WAY SOUTH, LETCHWORTH  
GARDEN CITY, SG6 1NX



### ABOUT THE WORKSHOP




Join us for an inspiring and practical session designed for parents who want to play an active role in supporting their children's mental health. Delivered to you by qualified therapists.

#### You'll learn:

- How journalling supports well-being in children, young people, adults and neurodiverse individuals
- What journalling is and why it works
- Practical ways to start journalling as a family
- Strategies to build and maintain a journalling habit



### WHAT YOU'LL RECEIVE

-  Free resources to support emotional well-being
-  Your own journal to begin your journey
-  Tea coffee and a friendly conversation

### WHY ATTEND?

- Help your child express and understand emotions
- Strengthen family communication
- Build resilience and calm together

£60 Per Person per workshop

**2 dates available**

Early bird discount: £50 (2 weeks before)

**E-mail:** IEWBH@walkthewalkcic.co.uk

**Tel:** 01992 638000

**Scan QR code to book your slot  
places selling out fast.**

