

Top Tips for Promoting Communication

Remember to **FOLLOW** with your child through play and everyday activities to help develop speech, language and communication skills!

F

Face to face



Get down to
your child's
level

O

Observe



Observe what
your child is
playing with
and follow
their lead

L

Label



Label what
your child is
playing with
using single
words and
phrases

L

Limit
questions



Limit the
number of
questions you
ask your child -
use comments
instead

O

Opportunities



Create natural
communication
opportunities
within everyday
activities

W

Wait



Wait and pause
to give your
child the time
and chance to
communicate

Ideas for creating natural opportunities for communication



Give them choices:
"Apple or orange?"



Try not to anticipate
their needs



Pause in songs and stories
so they can fill in the gaps



Offer them things
'bit by bit'



Have fun!

How to access further support from the Speech and Language Therapy service

For more information, please watch our FREE Promoting Communication Webinar available at: www.hct.nhs.uk/early-years

You can also visit the service webpages: www.hct.nhs.uk/CYPT-SALT

Click "**Information for parents**" on the webpages OR **scan the QR code** for advice sheets, videos and resources.



Information for parents -
Speech and language
therapy