

GOT A PROBLEM? NEED ADVICE?

FEELING LOW

WWW.KOOTH.COM

RELATIONSHIPS

Self harm

Being abused

BULLYING

Sexuality; gay, lesbian
or just confused

Eating disorder

Award-winning counselling services for young people

KOOTH.COM is a **FREE, ANONYMOUS, CONFIDENTIAL** website where young people can go for help.

- > Drop-in chats
- > Booked 1:1 sessions
- > Themed message forums and lots more

87% of our users prefer online counselling
so visit www.kooth.com

KOOTH.COM

FREE ONLINE SUPPORT FOR YOUNG PEOPLE

