

4th - 8th October 2021



PGL - Marchant's Hill



Tilford Road **Beacon Hill** Hindhead

Oxford





Staff Attending



Miss Wood
Mr Wanless
Mrs Lunniss
Mrs Knowles
Miss Bowers



Children's Medication

The Google Doc form (link has been sent out to parents) must be completed by 24th September.

Here is a link to the form:

https://forms.gle/BR3bMLPRyXs6q1FN6

Any medication that you want administered to your child must be given to your class teacher by

Thursday 30th September.

All medication should be **clearly named with full instructions of use**.

This includes inhalers and travel sickness pills.



Accommodation



4 to 6 children share a room and each has its own bathroom. Children will sleep in bunk beds. Bottom sheets are supplied but children will need to bring their own sleeping bag and pillow (in a named bag).



Food



The children will get 3 hot meals a day.



Menu for the Week

Reach FULL PGL POTENTIAL



with our freshly prepared menu

TUESDAY SATURDAY MONDAY WEDNESDAY THURSDAY FRIDAY SUNDAY Escon Stronger Sausages Bacon Saugagen Bacon Sausages Plant-based seusages (v) Plant-based sausages (v) Plant-based sausages (v) Plant-based sausages (v) Pfant-based sausages (v) Plant-based esusages (v) Plant-based sausages (v) Scrumbled eggs Heab brown Scrambled eggs Scrambled eggs Trash brown Scrembled eggs Hash brown Mushrooms Mushroomi Mushepome Mushrooms Mushrooms Muliphyopera Mushmons **Baked** beans Baked beans Baked beans Baked beans **Baked** beens Baked beans **Baked** beans Torona boilers Tometoes Tomatoes Temetoss Tomatoes Tomatoes. Torma boom

AVAILABLE EVERY DAY Choice of cooked & continental breakfast

Continental options: Choice of cereals | Porridge | Assorted yoghurts | White or brown toast & jam



BREAKFAST

AVAILABLE EVERY DAY Homemade soup of the day & roll | Choice of meat, vegetarian or vegan option

Hot dog & wedges

Pasta & garlic bread

Burger, relish & skinny fries

Fajitas, tortilla chips & dips

Filled roll or wrap

Roset dinner, Yorkshire

pudding & gravy

Mac & cheese (v)

Rosst potatoes, reasted

root vegetables

Waffles &

strawberry sauce

DINNER

AVAILABLE

FYFRY DAY

Choice of meat.

vegetarian or

vegan option

Crispy chicken breast pieces with awest & sour sauce Chickpea, lentil &

coconut curry, nean (v) Vegetable Kiev (v)

Chips, rice, broccoli. corrote

Dessert Doughnut

Loaded jacket

Beef bologress Firi Piri chicken Vegetable biryani (v)

Rosemary potatoes,

posts, green beans, roasted Mediterranean Chips, rice, peas, carrots vegetables

Dessert

Raupberry ice cream cake

tikka & nasn

Fish fingers

Feta & rossted

vegetable lettice (V)

Chacolete

crispy cake

Filled roll or wrap

Chicken vegetable Sausages & onion gravy Chicken & vegetable pie Quorn & vegstable chow main (v)

Meshed potate. mixed vegetables

Apple crumble & cream

Mains

Bettered fish fillet &. tartere sauce Meathells in tomato SBUCE

Lentil bolognese (v)

Chips, speghatti, pess, carrota

> Dessert los cream

Mest pizza Margherita pizza (v) Chicken Kiev Vegeteble &

mushroom pilet (v)

Cajun fries, green beans,

Dessett

Profiteroles & chocolate sauce

Healthu Choices

Available daily

Fresh fruit - every mealtime

Unlimited salad from our salad bar - lunch & dinner

Unlimited Drinks

Coffee, tea, chilled squash

Dietaru & Allergens

We can cater for a wide variety of food requirements when notified in advance. including allergies, intolerances, medical conditions, and those specified by culture and religion.

It may not always be possible to cater for more specific diets such as weight management programmes, organic etc.



The Shop





The maximum amount children are allowed to bring is £10.

This needs to be in a named purse/wallet and will be looked after by your child's group leader.





Gift Price List

STATIONERY

Postcard	£0.30	
Jumbo Eraser	£1.50	
Hologram Pencil	£0.50	
PGL Pen	£1.00	



Selection of Key Rings	from £ 2.00
LED Torch	£3.00
PGL Dog Tags	£2.50

CLOTHING

PGL T-Shirts	£4.00	
PGL Caps	£5.00	

CONFECTIONERY

Pick 'n' Mix	from £ 2.00
Selection of Confectionery	from foro

BEARS

Range of PGL Bears	from £2.00
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TOYS

PGL Bounce Ball	£0.50	
Flying Ring	£1.50	
Singing Magnets	£3.00	
PGL Football	£5.00	



MUGS

PGL Mugs (Various Designs)	£4.00
Aluminium Water Bottle	£3.00

Selection of Drinks	from £1.00	
Ice Creams (Seasonal)	from £1.20	



Kit List

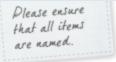
All items need to be labelled and in a bag that your child can carry.

- For some activities children will be wearing a harness and so need to wear T-shirts that cover their shoulders.
- Other activities require children to wear long sleeved tops, tracksuit trousers or leggings and socks that cover the ankles.
- For water activities children will need to wear 'wet shoes' and old clothes over swim suits. The wet shoes could be old trainers, but not Crocs or flip flops.
- Children will need to bring towels, a wash bag, a sleeping bag and pillow.
- Children are NOT allowed to bring mobile phones or electronic games. Our insurance and PGL's insurance do not cover these items.
- Disposable cameras can be taken. Group leaders will take LOTS of pictures which will be available for you to download once we return.
- No jewellery should be worn and long hair will need to be tied up.





What to bring



CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.



T-shirts

Your arms will need to be covered to do some activities.

□ Tops & jackets

☐ Long sleeved shirt/T-shirts
☐ Waterproof iscket

→ □ Waterproof jacket

☐ Fleeces/jumpers

□ Trousers or leggings

but not jeans as they get heavy and cold when wet



☐ Underwear & socks

your socks will need to cover your ankles to do some activities.

1 or 2 sets of clothes for the evening



□ Suitable nightwear

TRAVELLING IN THE ...



Shorts

Baseball cap/sun hat

Sunscreen



Warm coat

Hat and gloves

Lost property

We recommend you write a list of what you pack to check before you come home. If you do leave anything behind, please contact your party leader who will contact PGL. Postage will be charged for returning lost items.

Study courses and sports weekends

Groups taking part in study courses and sports weekends e.g. netball/ football, should bring appropriate clothing/footwear for these activities.

FOOTWEAR

2 pairs of trainers

1 for activities 1 old pair for watersports

1 pair of dry shoes

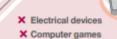
for evening activities



OTHER ITEMS

- ☐ 2 towels → 1 for showering 1 old one for activities
- ☐ Reusable drinks bottle
- ☐ Small rucksack/bag
- □ Labelled bin bag for wet and dirty clothing
- Sleeping bag or duvet and pillow (unless otherwise advised)
- Washbag including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)

PLEASE DO NOT BRING



X Jewellery/valuables

X Aerosols

If you bring your mobile phone, please note, it is not covered by our insurance.



Activities

The children will take part in four (90 minute) activities a day. The activities are fun, adventurous and promote teamwork and communication.

Activities may be on land, water or in a harness!

	Monday	Tuesday	Wednesday	Thursday	Friday
07.00-09.00		Breakfast	Breakfast	Breakfast	Breakfast
09.00-10.30		High Ropes Course	Giant Swing	Archery	Climbing
10.30-12.00		Orienteering	Zip Wire	Fencing	Tunnel Trail
12.00-14.00		Lunch and free time	Lunch and free time	Lunch and free time	Lunch
14.00-15.30		Abseiling	Canoeing	Raft Building	Depart centre
15.30-17.00	Arrive and unpack	Jacob's Ladder	Canoeing	Raft Building	
17.00-19.00	Dinner	Dinner	Dinner	Dinner	
19.00-21.00	Capture the Flag	Splash	Photo Challenge	Disco	



Raft Building





Survivor





Climbing Wall





Abseiling





Archery





Zip Wire





Trapeze





Jacob's Ladder





Giant Swing





Rifle Shooting





Evenings

After dinner there will be fun activities for the children to do:

Ambush
Cluedo
Capture the Flag
Campfire



Contact

Children are NOT allowed to bring their mobile phones.

We will be in contact with the school each day and will give you daily updates with a blog on our school website (in the Year 6 section). We will update this daily, but this will most likely be in the evenings. We will also post some photographs of children doing the activities.

Mr Soyka and Mrs Taylor have contact details of all parents of children on the trip and must be able to contact parents if necessary.



Monday 4th October

Children will come to school as usual at 8:45am. They should not wear school uniform.

Children's bags will be left in the entrance of the KS2 building, ready to be packed onto the coach.

Children will eat lunch in school as normal. The coach will arrive at school at 1:30 and we will leave at 1:45pm. We expect to arrive at Marchants Hill by 3:30pm

We expect to arrive back at school by 3:30pm on Friday - we will keep you updated if we are running late.



Memories

We are looking forward taking the children on this residential trip. Most children say it is one of their fondest memories of primary school.

We aim to share all the photos we take with you so children can download the ones they wish to keep.



Key Points

- 1. Complete the Google Doc form by 24th September.
- 2. Medication to be handed to class teacher by Thursday 30th September with clear instructions.
- 3. Make sure all items are named.
- 4. Pack extra named bin bags for wet clothes and bedding.
- 5. Sleeping bag/duvet and pillow are needed.
- 6. Make sure children have some long sleeve tops for activities involving a harness.
- 7. Make sure they have a pair of shoes that can get wet.
- 8. Pack a water bottle and a waterproof coat.
- 9. Maximum of £10 spending money in a named wallet/purse.
- 10. Daily blog on Year 6 section of website.
- 11. Children should be able to carry their own bags!



