

Thursday 14th January 2021

LO: can I identify where I belong?



Look at this image:

Name ONE thing that identifies this man as a Sikh.

This is a person known as a **Khalsa** - a Sikh who wears all 5k's

Today we are going to look at the 5k's.

We are going to use this clip as an introductory point:



<https://www.bbc.co.uk/bitesize/clips/zcn34wx>

From the video we have just watched, can we list the 5k's of Sikhism?



Can we remember what their purpose is?

Go to the next slide to see the answers.

Answers:

Kesh
(hair)



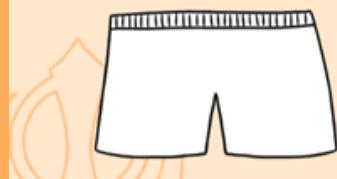
Kara
(a steel bracelet)



Khanga
(a wooden comb)



Kachha
(special underwear)



Kirpan
(a ceremonial sword)



The 5k's:

Kesh - Kesh means hair. Sikhs make a promise to not cut their hair but let it grow as a symbol of their faith. Sikhs hair gets very long during their life so they wear a turban to keep it tidy. They believe this demonstrates their obedience to God.

Kangha - The Kangha is a small wooden comb. Sikhs use this to keep their hair in place and it is a symbol of cleanliness. Combing their hair reminds Sikhs that their lives should be tidy and organised.

Kara - The Kara is a steel bangle worn on the arm of Sikhs. It is a continuous circle with no beginning and no end. It reminds Sikhs to behave well, follow their faith and restrain from doing wrong.

Kachera - The Kachera are short trousers worn as underwear. These are more practical than long loose clothes most people in India wore at the time of Guru Gobind Singh. They are a symbol of leaving old ideas behind and following new better ones.

Kirpan - The Kirpan is a warriors sword. These days a very tiny one is worn as a symbol of dignity and self respect. It reminds Sikhs that they must fight a spiritual battle, defending what is right and upholding the truth. The last two are a reminder that Sikhs are warriors and should always fight for what is right.

Task:

Complete the worksheet by drawing an image of each of the 5k's and a description of what it is and its purpose/importance to Sikhs.

Sikhism: The 5 Ks				
Draw and write about each of the 5 Ks.				
				
				
				

If you can't print or write on this sheet online you could draw your own table on some paper.