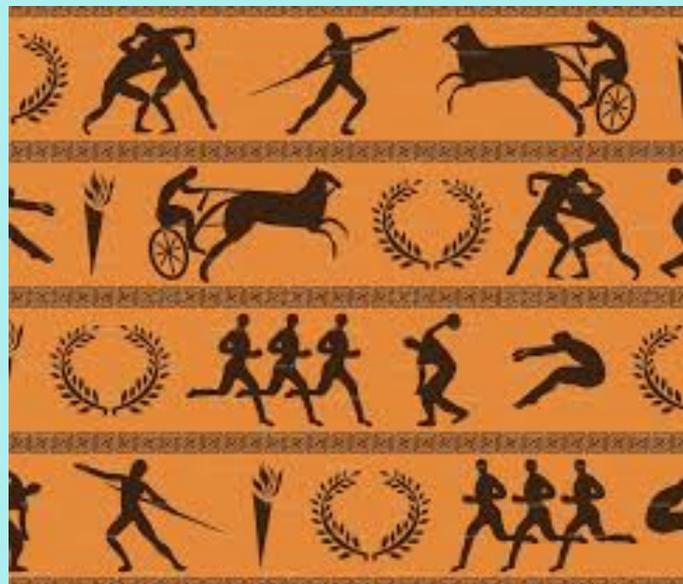


## Monday 25th January 2021

### LO: can I understand how the Olympic Games began?

#### SC:

- The Olympic Games were a festival to honor the Greek God Zeus.
- City-states would send men to compete in activities such as running, jumping wrestling and boxing.
- The Ancient Olympic Games left a legacy as the Olympics happen now in modern times.



With someone at home, name as many city-states as you can (from lesson one).

Can you tell someone at home anything interesting about ONE of the city states you have named?

**Vocabulary:**

**Olympic** - a sporting event that was created in Ancient Greece.

**Olympia** - a special place in Ancient Greece with a site dedicated to Zeus.

**Zeus** - the name of a Greek God who was God of lightening and thunder. He was also King of the Gods.

**Compete** - to take part in an event or contest.

In honour of Zeus, the Ancient Greeks held a festival of sport, poetry and music where athletes competed, the winners receiving olive branch wreaths.

We know about the Olympic games from writing and from artefacts from the time.

Here is a few examples of the Ancient Olympic games on pottery:



The Olympic games began around 2,700 years ago in Olympia as part of a religious festival to honour the God Zeus.

The best Athletes from different city-states would gather to run, jump, throw weapons and race chariots.

In addition to this, Greeks held contests in music and poetry.

Only male athletes were able to compete. It was an opportunity for men from different city states to come together in peace and compete, rather than fight as enemies.

The legacy of the Ancient Greek Olympic Games is evident today in our modern Olympics and Paralympics.

**True or False:**

Do you think the city-states always fought each other?

**Task:**

Using the resource sheets provided, choose ONE of the Ancient Olympic sports to learn more about. You will need to read the information carefully (you could also do your own research if you wanted to).

1. Draw an image of your sport being played by Ancient Greeks.
2. Write 4-5 sentences about your chosen sport explaining what it is, how it was played and any other interesting facts you learn.

**Step for Depth:**

Why would an Ancient Greek athlete want to participate in the Ancient Olympic Games?

**Plenary:**

Learn a little bit more about the Olympic games that is still played today.