Positive Minds; Education

Week 6

WATFORD COMMUNITY SPORTS & EDUCATION TRUST

REGISTERED CHARITY NO: 1102239

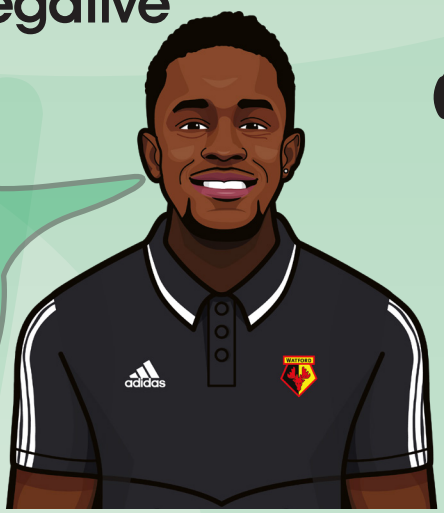
Positive Minds; Online

Task 1b – Positive and Negative

Social media and the internet gives the opportunity for people to say whatever they want to whoever they want if profiles are not made private or used with caution.

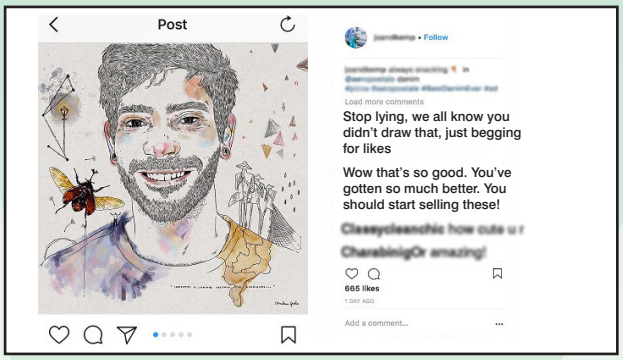
Negative comments can really affect a person's wellbeing whereas positive images can boost them.

Below are 3 pictures of comments on a social media site both positive and negative. After reading both can you write down how you think each comment could effect someone's wellbeing if it was directed towards them?



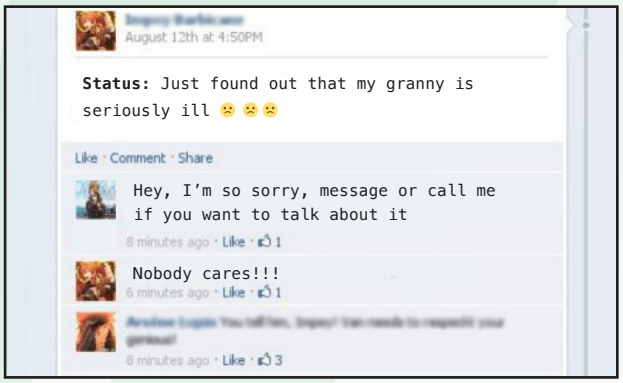
Negative Comment

Positive Comment



Negative Comment

Positive Comment



Positive Comment

Negative Comment

Hertfordshire

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